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3:01-CV-01973 ACOSTA V. CITY OF SAN DIEGO

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DECL.

GWINN, City Attorney AM. NOONE, Assistant City Attorney CARRA L. LASSMAN, Deputy City Attorney (SB#163269) Office of The City Attorney Civil Division 1200 Third Avenue, Suite 1200 San Diego, CA 92101-4184 5 Telephone: (619) 533-5800 Attorneys for Defendants City of San Diego 6 Joseph Krouss, Gary Hill, Eric Stafford and Raphael Cimmarrusti 8 UNITED STATES DISTRICT COURT 9 SOUTHERN DISTRICT OF CALIFORNIA 10 ELIZABETH ACOSTA, CASE NO. 01cv1973 L (JAH) 11 Plaintiff, DECLARATION OF GARY MICHAEL VILKE, M.D., IN SUPPORT OF 12 DEFENDANTS CITY OF SAN DIEGO, JOSEPH KROUSS, GARY HILL, ERIC CITY OF SAN DIEGO, a municipal STAFFORD AND RAPHAEL 13 corporation; GARY HILL, JOSEPH **CIMMARRUSTI'S OPPOSITION TO** KROUSS, ERIC STAFFORD, RAPHAEL 14 PLAINTIFF ELIZABETH ACOSTA'S CIMARRUSTI & DOES 1-V, in their MOTION FOR SUMMARY JUDGMENT, official & individual capacities; OR IN THE ALTERNATIVE, FOR 15 QUALCOMM STADIÛM, an independent SUMMARY OF ADJUDICATION OF 16 municipal agency; VOLUME SERVICES **ISSUES** OF AMERICA dba MURPHY'S CLUB; MURPHY'S CLUB; HENRY FONTENETTE, MICHAEL OLIVER & 17 Hearing Date: October 6, 2003 DOES VI-X, in their representative & 10:30 a.m. Time: Hon. M. Lorenz individual capacities; ELITE SHOW Judge: SERVICES, Inc.; DONALD WILLIAMS Courtroom: VLADIMIR ATABEKIAN & DOES XI-XV, 20 in their representative & individual capacities; SAN DIEGO CHARGERS, INC.; 21 DOES XVI-XX. 22 Defendants. 23 I, Gary Michael Vilke, declare as follows: 24 25 The following statements are based upon my personal knowledge, if called as a witness, I could and would competently testify thereto. 26 27 111 28 Dicv1973 L (JAH)

ATTORNEY CIVIL DIV. 3 918586535292

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ase 3:01-cv-01973-LAB-JMA

CITY

Gara M. Vilke, M.D. 858 653 5292

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- 2. I am a medical doctor licensed by the State of California. A true and correct copy of my curriculum vitae is attached to this declaration as Exhibit E.
- I am a full time faculty member in the department of emergency medicine at the University of California, San Diego Medical Center. I am residency trained and board certified in emergency medicine. I work for the medical center as the Director of Custody Services for the San Diego County Sheriff's Department Jail Medical Service where I oversee direct patient care, interface between the jail clinical staff and the hospital staff and have been involved in the process of utilization review.
- 4. I have been retained in this case as a medical expert on issues related to the carotid restraint and other restraint techniques.
- 5. I have previously published a review of blunt carotid injuries in the California American College of Emergency Physicians Lifeline, a non-peer reviewed journal. I have additionally written a chapter on Cervical Spine Injuries for the Five Minute Emergency Medicine Consult Textbook.
- 6. As a physician working at both the jail and in the emergency department that is contracted to care for incarcerated patients, I have evaluated dozens of patients over the last ten years who have been recipients of carotid restraints. I have never seen a patient with any significant or permanent injuries as a result of the restraint. Given the frequency of use of this procedure by law enforcement, I have previously done a complete review of the literature to assess whether or not a patient even requires medical evaluation merely because the carotid restraint was applied.
- The pathophysiology, and thus the safety, of the carotid restraint are relatively 7. straightforward and well delineated in many texts. The purpose is to place the arm around the neck of the subject to be controlled. The crook of the elbow is placed at the anterior (front) region of the neck and the forearm and upper arm come around the sides and are used to place pressure on the lateral aspects of the neck where the carotid arteries are located. Pressure placed on the arteries diminishes blood flow to the brain, quickly rendering the subject unconscious.

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01cv 1973 L (JAH)

8.	The elbow being at the location of the anterior portion of the neck prevents pressure
being place	ed on the airway itself. It is just a fulcrum, not a pressure point. Thus the term "choking
out" of a p	erson really is not accurate as there is no choking involved. That term was originally
coined who	en in the past a true choke hold was being utilized: where the forearm crossed the
anterior ne	ck in a "bar-like" hold and there was truly choking and airway obstruction involved.
This does	not occur in a properly placed carotid restraint. And when the restraint is immediately
released af	ter rendering the subject unconscious, the procedure is safe without significant short or
long-term	effects.

9. A more complete statement of my opinions in this case, and my review of the information and the basis for my opinions, are contained in a letter written by me on January 16, 2003. A true and correct copy of my letter is attached to this declaration as Exhibit F.

I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct to the best of my knowledge.

Executed this 18 day of September, 2003, at Sar Diego, California.

Gary Michael Vilke

01cv1973 L (JAH)

CURRICULUM VITAE GARY MICHAEL VILKE, M.D., FACEP, FAAEM

HOME ADDRESS:

OFFICE ADDRESS:

11397 Wills Creek Road San Diego, CA 92131 Phone: (858) 653-5292 Fax: (858) 689-8644 Department of Emergency Medicine UCSD Medical Center 200 W. Arbor Drive San Diego, CA 92103-8676

Pager: (800) 916-4179

Phone: (619) 543-6210
Fax: (619) 543-3115
E-mail: gmvilke@ucsd.edu

PERSONAL: Born September 12, 1966 in Cleveland, Ohio

Marital Status: Married, two children

EDUCATION:

Academic:

B.S. in Zoology, University of California, Berkeley

1983-88

Berkeley, California

Medical School:

M.D., University of California, San Diego School of Medicine

1988-92

La Jolla, California

Internship:

Department of Surgery

1992-93

University of California, San Diego Medical Center

San Diego, California

Residency:

Department of Emergency Medicine

1993-96

University of California, San Diego Medical Center

San Diego, California (Chief Resident: 1995-96)

LICENSURE: California Medical License Number G-78057

BOARD CERTIFICATIONS:

National Board of Medical Examiners, 1993 American Board of Emergency Medicine, 1997

APPOINTMENTS:

7/01 - Present	Associate Professor of Clinical Medicine, University of California, San Diego (UCSD) School of Medicine
3/02 - Present	Interim Medical Director, San Diego County Emergency Medical Services
4/01 - Present	Director, Custody Services, UCSD Medical Center
1/01 - Present	Medical Director, Southwestern College Paramedic Training Program
7/97 - Present	Director, Prehospital Services, UCSD Medical Center
6/97 - Present	Medical Director, Paramedic Base Hospital, UCSD Medical Center
7/00 - Present	Medical Director, Palomar College Paramedic Training Program
7/96 - Present	Assistant Director, Department of Emergency Medicine, UCSD Medical Center
7/96 - Present	Medical Director, Mercy Air Medical Transport Service, San Diego, California

PREVIOUS EXPERIENCE:

4/99 - 3/01	Medical Co-Director, San Diego Central Jail Medical Services
7/96 - 6/01	Assistant Clinical Professor of Medicine, UCSD School of Medicine
1/96 - 7/96	Flight Physician, Mercy Air Medical Transport Service, San Diego, California
7/95 - 7/96	Associated Emergency Physicians Medical Group, San Diego, California
12/94 - 7/96	Kaiser Permanente Emergency Department, San Diego, California
10/94 - 7/ 96	Med America Health Resource Company, San Diego, California
7/94 - 6/96	Base Hospital Physician, University of California Medical Center
4/94 - 7/95	Sharp-Rees-Stealy Urgent Care, San Diego, California
7/93 - 12/95	Flight Physician, Life Flight Air Medical Transport Service

HONORS AND AWARDS:

1990	Random House Medical Student Award
1996	American College of Emergency Physicians, California Chapter Challenge Bowl Winner
1996	Council of Residency Directors (CORD) Resident Academic Achievement Award
1996	Outstanding Emergency Medicine Resident
1996	UCSD Emergency Department Staff Support Award
1996	Journal of Emergency Medicine Outstanding Contribution Award
1999	"Golden Apple" Teaching Award, UCSD Emergency Medicine Residency Graduating Class of 1999
2000	Faculty of the Year, UCSD Emergency Medicine Residency Graduating Class of 2000
2000	Best Research Poster Presentation, California Chapter of the American College of Emergency Physicians (CAL/ACEP) Scientific Assembly, Dana Point, California
2000	Outstanding Scientific Abstract, State of California EMS Authority Annual Emergency Medical Services for Children Conference, San Diego, California, November 2000
2001	Best Oral Presentation, CAL/ACEP Scientific Assembly, Santa Clara, California

CERTIFICATIONS:

Basic Cardiac Life Support Provider
Advanced Cardiac Life Support Instructor
Pediatric Advanced Life Support Instructor
Advanced Trauma Life Support Provider
Hazardous Material Training, Level I
Pediatric Education for Prehospital Professionals (PEPP) Instructor
Advanced HAZMAT Life Support Provider

PROFESSIONAL SOCIETY MEMBERSHIPS:

American Medical Association, 1988-97

California Alumni Association, 1988

American College of Emergency Physicians, 1991-2000

Fellow, American College of Emergency Physicians, 2000

California Chapter of the American College of Emergency Physicians, 1991

Society for Academic Emergency Medicine, 1995

National Association of EMS Physicians, 1998

Fellow, American Academy of Emergency Medicine, 2000

California Chapter of the American Academy of Emergency Medicine, 2000

CURRENT ACTIVITIES:

Member, Disaster Medical Assistance Team (CA-4), 1994

Director, Mercy Air Medical Transport Services Continuing Clinical Education, 1996

UCSD Alumni Preceptor, UCSD School of Medicine, 1997

Objective Structured Clinical Examiner, Introduction to Clinical Medicine, UCSD School of Medicine, 1997

Sponsor, Palomar College Emergency Medical Education Department Paramedic Training, 1997

Editor-in-Chief, UCSD Medical Center EMS Run Review, 1997

Reviewer, Annals of Emergency Medicine, Mosby, 1998

Medical Director, San Diego County Metropolitan Medical Strike Team, 1998

EMS Team Leader, San Diego County Metropolitan Medical Strike Team, 1999

Member, San Diego County Bio-Terrorism Planning Group, 1999

Quality Assurance Reviewer, Department of Emergency Medicine, UCSD Medical Center, 1999

Evaluator, UCSD Physician Assessment and Clinical Evaluation (PACE) Program, 2000

Editorial Board, Journal of Emergency Medicine, Elsevier Science, Inc., 2000 (reviewer since 1994)

Affiliate Faculty, Southwestern College Paramedic Training Program, 2000

Medical Director, EPIC "Eliminate Preventable Injuries of Children" Medics, San Diego County, 2000

Clinical Coordinator, Southwestern College Emergency Medical Technician Program, 2001

Reviewer, California Journal of Emergency Medicine, 2001

Peer Reviewer, Pediatric Emergency Medicine Reports, 2001

Reviewer, Scientific Abstract Presentations, CAL/ACEP Scientific Assembly, 2001-02

PREVIOUS ACTIVITIES:

Vice-President, California Chapter of Emergency Medicine Residents Association, 1994-95

Editor-in-Chief, California Chapter of Emergency Medicine Residents Association Newsletter, 1994-95

Co-Director, School of Medicine 225: Introduction to Emergency Medicine, UCSD School of Medicine, 1994-95

Reviewer, Journal of Emergency Medicine, Pergamon Press, 1994-2000 (now on editorial board)

Strike Team Leader, DMAT Olympics 1996 Biological & Chemical Antiterrorist Medical Support

Associate Editor, Journal of Emergency Medicine, Pergamon Press, 1996-97

Reviewer, European Journal of Epidemiology, Kluwer Academic Publishers, 1996-97

Co-Director, University of California, San Diego School of Medicine, Course SOM 224I, Pediatric Advanced Life Support Course, 1997-2002

Medical Support Physician, Super Bowl XXXII, San Diego, California, January 25, 1998

Medical Support Physician, Suzuki Rock-n-Roll Marathon, San Diego, California, June 21, 1998

Member, San Diego County 911 Dispatch Quality Review Board, 1997-98

Marketing Director, California Chapter of the American College of Emergency Physicians (CAL/ACEP) Scientific Assembly, 1998-99

Member, Program Committee, CAL/ACEP Scientific Assembly, 1998-99

Howard Hughes Foundation Undergraduate Preceptor, 1998, 1999

Co-editor, Pearls from PAC Newsletter, 1998-2000

Preceptor, Introduction to Clinical Medicine 201-B, UCSD School of Medicine, 1999

Co-Chair, Program Committee, CAL/ACEP Scientific Assembly, 1999-2000 and 2000-01

Moderator, EMS Poster Section, Western Regional Society for Academic Emergency Medicine Conference, Portland, Oregon, April 2000

Preceptor, California State University Dominguez Hills Statewide Nursing Program, 2000

San Diego Port District AED (Automated External Defibrillator) Program RPF Panel, 2001

Member, Board of Directors, CAL/ACEP, 2001-02

Moderator, Western Regional SAEM Research Presentations, San Diego, California, April 2002

CURRENT UCSD COMMITTEE MEMBERSHIPS:

Medical Director's Group, 1997

Research Committee, Department of Emergency Medicine, 1997

Clinical Representative, Trauma Quality Assurance Program, 1998

Trauma Multidisciplinary Committee, 2000

UCSD Faculty Association, 2002

Medical Risk Management Committee, 2002

PREVIOUS UCSD COMMITTEE MEMBERSHIPS:

Chair, Emergency Department Staffing Committee of Process Action Team, 1994-95

Hospital Infection Control Committee, 1994-95

Emergency Medicine Housestaff Association Representative, 1994-96

Emergency Department Clinical Practices Committee, 1994-96

Emergency Department Peer Review/Quality Assurance Committee, 1995-96

Emergency Department Critical Care Room Process Action Team, 1996

Credentials Committee, 1997-2000

Paramedic/Emergency Department Interface Task Force, 1998-99

Emergency Department Staffing Committee, Department of Emergency Medicine, 1999

Faculty Search Committee, Department of Emergency Medicine, 1999, 2000

CURRENT COMMITTEE MEMBERSHIPS:

San Diego County Base Hospital Physicians Committee, 1997

San Diego County Trauma Audit Committee, 1997

San Diego County Prehospital Audit Committee, 1997

San Diego County Aeromedical Protocol Committee, 1998

Chair, CPR Subcommittee, San Diego County Prehospital Audit Committee, 1998

San Diego County Committee on Pediatric Emergency Medicine, 1998

City of San Diego EMS Physicians' Advisory Committee, 1998

City of San Diego Prehospital Cardiac Advisory Committee, 1998

Operations Committee, San Diego County Metropolitan Medical Strike Team, 1998

San Diego Central Jail Quality Assurance Committee, 1999

San Diego Central Jail Medical Oversight Committee, 1999

Chair, Research Subcommittee, San Diego County Prehospital Audit Committee, 2000

Education Committee, CAL/ACEP, 2000

Chair, EMS Committee, American Academy of Emergency Medicine California Chapter, 2000

San Diego County Paramedic Training Joint Advisory Committee, 2000

SAEM EMS Interest Group, 2001

San Diego County Sheriff's Pharmacy and Therapeutics Committee, 2001

Program Management Committee, San Diego County Metropolitan Medical Strike Team, 2001

Training Committee, San Diego County Metropolitan Medical Strike Team, 2001

SAEM Program Committee, 2001

Didactic Subcommittee, SAEM Program Committee, 2001

San Diego County Sheriff's Mortality Review Committee, 2001

Air Medical Transport Section, American College of Emergency Physicians, 2001

Emergency Medical Services Section, American College of Emergency Physicians, 2001

San Diego County Public Health Preparedness Team, 2001

EMS Medical Director's Association of California, 2002

San Diego County EMS for Children (EMSC) Advisory Committee, 2002

PREVIOUS COMMITTEE MEMBERSHIPS:

Practice Management Committee, CAL/ACEP, 1994-95

Research Subcommittee, San Diego County Prehospital Audit Committee, 1997-99 (now chairman)

Prehospital RSI Task Force, San Diego County Prehospital Audit Committee, 1997-99

Committee on Prehospital Stroke Triage, San Diego County Medical Society, 1998

Chair, San Diego County Prehospital Audit Committee, 1998-2000

Steering Committee, San Diego County Metropolitan Medical Strike Team, 1998-2001

Program Committee, CAL/ACEP Scientific Assembly, 1998-2001 (Co-Chair for 1999-2001)

Awards Committee, CAL/ACEP Scientific Assembly, 1999-2001

EMS Committee, San Diego County Metropolitan Medical Strike Team, 1999-2001

San Diego County Metropolitan Medical Response System Bio-Terrorism Planning Group, 1999-2001

San Diego County Pediatric CPR Task Force, 1999-2000

San Diego Sheriff's Source Selection Committee, 2000

San Diego County EMS QA Net Prehospital Design Steering Committee, 2000-01

San Diego County SIPs (Serial Inebriate Program) Task Force, 2000-02

Chair, Training Committee, San Diego County Metropolitan Medical Strike Team, 2001-02

Co-Chair, EMS Committee, CAL/ACEP, 2001-02

Policy Committee, CAL/ACEP, 2001-02

Task Force Leader, CAL/ACEP Scientific Assembly, 2001-02

Governmental Affairs Committee, CAL/ACEP, 2001-02

FUNDED RESEARCH:

- 1. County of San Diego, with Tom Neuman and Theodore Chan, for evaluation of positional asphyxia in the hobble restraint position, 1995--\$30,000
- 2. Cook Medical Products, with Theodore Chan, for evaluation of the Melker percutaneous cricothyrotomy kit in human cadavers, 1997--\$10,000
- 3. American Academy of Forensic Sciences, with John Eisele, Jack Clausen, Tom Neuman and Theodore Chan, for the evaluation of positional asphyxia in the hobble restraint position with weight on subjects' backs, 1998--\$2,500
- 4. Co-Investigator, with Theodore Chan, for study entitled, "The Impact of Oleoresin Capsicum Spray on Respiratory Function in Human Subjects in the Sitting and Prone Maximal Restraint Positions." Study funded by the National Institute of Justice, U.S. Department of Justice, 1998-99. UCSD No. 98-7107; USDOJ Federal Award #98-IJ-CX-0079. Amount: \$128,176.
- 5. Beutlich Pharmaceuticals, with Albert Jin, Theodore Chan and Daniel Davis, for evaluation of Hurricaine anesthetic in patients with dyspepsia, 2001--\$1,500

CVLIDIT

Gary M. Vilke, M.D., FACEP, FAAEM 11397 Wills Creek Road San Diego, California 92131 (858) 653-5292

January 16, 2003

Carra L. Lassman
San Diego City Attorney's Office
1200 Third Avenue Suite 1100
San Diego, CA 92101

RE: Elizabieth M. Acosta v. City of San Diego, et al.

Dear Ms. Lassman:

As per your request, I have reviewed the materials from the above referenced case. This includes, but is not limited to:

Expert report of Dr. George Le Beau
Exhibit V (26 articles submitted from the criminal trial)
Medical records from George R. Le Beau, D.C.
San Diego Police Department Procedure No. 1.04: Carotid Restraint
San Diego Police Department Procedure No. 1.08: Use of Force
Report by Lawrence Richman, President Heritage Security Services
Report by E.J Pellegrino, Use of force consultant
Written Statement by presumably Elizabeth Acosta dated 11/6/00
Police report by G. Hill dated 10/30/00

After reviewing the material, there are several issues that are clear given this information.

Elizabeth Acosta was attending a football game, had been drinking and ultimately was involved in an altercation with police officers on 10/29/00. After her interactions, she reported in a letter dated 11/6/00, that she was restrained in a hogtie position that "was very painful for my wrists." She reported no other physical complaints in this statement. I did not see any reports of evaluation by a medical doctor for her injuries, but only a report by a chiropractor, Dr. George Le Beau.

To the best that I can decipher from his clinic notes, on 11/7/00 Dr. Le Beau evaluated Ms. Acosta and subjectively noted some neck pain, shoulder tension and nervousness. His report documents multiple bruises, including to the chest and lower back. He also documents "very sore abdominal wall area" over the region of the left upper quadrant of the abdomen. I did not see any reports of objective radiographic evaluations of these regions. As a trained emergency physician, this concerns me. Either the injuries were truly not as dramatic or as "very sore" as documented and thus would lead me to be suspicious of other statements or reports presented by Dr. Le Beau, or Dr. Le Beau was not acting in the patient's best interest which would have been to refer Ms. Acosta to a medical doctor for evaluation, since abdominal pain of this degree after reported trauma could be indicative of internal injury. As the patient was not referred for a medical evaluation of the abdomen or any of her other reported injuries, I presume that the chiropractic records are exaggerated, and thus difficult to interpret.

In Dr. Le Beau's report, he spends a great deal of time dramatically discussing the documentation of some bruises and reporting that touching or palpating a bruise is uncomfortable. Clearly, any person who has had a bruise in his or her lifetime and had it touched can report this finding. He notes some bruising to her neck, which ultimately, is just a bruise to her neck. He uses this not infrequent physical finding to go into a melodramatic and exaggerated explanation about the neck being extremely sensitive to "any kind of trauma". Clearly, a significant amount of trauma to any part of the body can have significant consequences with the right clinical presentation, but to imply that "any" trauma to the neck put the patient at risk for spinal cord injury and paralysis is absurd. One of the mainstays of chiropractic treatments is neck manipulations, which by his definition, would put patients at risk for paralysis. Again, this report by Dr. Le Beau is challenging to sort through because of the exaggerated nature of his writing. Ultimately, it appears that the greatest injuries that Ms. Acosta suffered were some bumps and bruises.

Dr. Le Beau discussed his opinion on the application of carotid holds. He states that the carotid hold is "extremely dangerous and the potential for permanent and serious injury, even death, is enormous and always present." Yet, Dr. Le Beau discusses he spent over ten years at the mat with the US Judo Team and trained in this competitive sport that supports and teaches the use of this hold. In fact, he even allowed someone to apply this "extremely dangerous" choke hold to him, even though many of his athletes "have suffered long-term problems resulting from the carotid hold." So even though Dr. Le Beau supports the sport of judo with the long history of utilizing choke holds, he continues to emphasize its inherent risks.

Dr. Le Beau is accurate in that there are case reports of carotid restraints used by law enforcement having been associated in disability and death. Additionally, there are really no reports of death associated with choke holds in the sport of judo since its inception in 1882. Does this mean that carotid restraint should not be used? The medical literature also reports many more patients suffering permanent paralysis and strokes at the hands of chiropractors through manipulations, so does this mean that chiropractic manipulations are "extremely dangerous" and should not be used?

The obvious answer to both questions is no. In trained individuals performing their procedures correctly on appropriate candidates, both of these procedures (carotid restraints and chiropractic manipulations) are commonplace and are accepted as standard of practice in the community. For Dr. Le Beau to point a finger at trained police officers appropriately utilizing a carotid restraint, while he supports its use in judo and practices as a chiropractor, is hypocritical and unreasonable.

Additionally, the patient, to the best that I can determine, suffered no significant medical dysfunction or injuries. For Dr. Le Beau to support this case based on what possibly could have happened is like somebody suing a chiropractor who performed a neck manipulation for the possibility that there could have been permanent neurological injures based of a review of the medical literature.

The pathophysiology, and thus the safety, of the carotid restraint are relatively straightforward and well delineated in many texts. The purpose is to place the arm around the neck of the subject to be controlled. The crook of the elbow is placed at the anterior (front) region of the neck and the forearm and upper arm come around the sides and are used to place pressure on the lateral aspects of the neck where the carotid arteries are located. Pressure placed on the arteries diminishes blood flow to the brain, quickly rendering the subject unconscious.

The elbow being at the location of the anterior portion of the neck prevents pressure being placed on the airway itself. It is just a fulcrum, not a pressure point. Thus the term "choking out" of a person really is not accurate as there is no choking involved. That term was originally coined when in the past when a true choke hold was being utilized: where the forearm crossed the anterior neck in a "bar-like" hold and there was truly choking and airway obstruction involved. This does not occur in a properly placed carotid restraint. And when the restraint is immediately released after rendering the subject unconscious, the procedure is safe without significant short or long-term effects.

My background is that I am a full time faculty member in the department of emergency medicine at the University of California, San Diego Medical Center. I am residency trained and board certified in emergency medicine. I work for the medical center as the Director of Custody Services for the San Diego County Sheriff's Department Jail Medical Service where I oversee direct patient care, interface between the jail clinical staff and the hospital staff, and have been involved in the process of utilization review.

As a physician working at both the jail and in the emergency department that is contracted to care for incarcerated patients, I have evaluated dozens of patients over the last ten years who have been the recipients of carotid restraints. I have never seen a patient with any significant or permanent injures as a result of the restraint. Given the frequency of use of this procedure by law enforcement, I have previously done a complete review of the literature to assess which patients even need medical evaluation after having the carotid restraint applied. I have previously published a review of blunt carotid injuries in the California American College of Emergency Physicians Lifeline, a non-peer reviewed journal. I have additionally written a chapter on Cervical Spine Injuries for the Five Minute Emergency Medicine Consult Textbook.

Appendix A, as requested, is list of all publications authored by me over the previous ten years. Appendix B is a list of all cases in which I have testified as an expert in trial or deposition within the preceding four years. Additional information considered by me in the preparation of this opinion are included in Appendix C. My rate of compensation is \$400.00/hr for review and discussion and \$350.00 for deposition and trial testimony.

If you have any question or comments, please feel free to contact me at any time. I can be most readily reached at my home number, (858) 653-5292. If you need to reach me urgently, I am on 24-hour pager call via the pager operator at (619) 543-6737. My e-mail address is gmvilke@ucsd.edu.

Respectfully submitted,

Gary M. Vilke, M.D., FACEP, FAAEM Associate Professor of Clinical Medicine Interim Medical Director, San Diego County EMS Director, Custody Services, UCSD Medical Center

Appendix A

List of all publications authored over the last ten years

Original Peer-Reviewed Articles

- 1. Vilke GM, Hoyt DB, Epperson M, Fortlage D, Hutton KC, Rosen P: Intubation techniques in the helicopter. J Emerg Med 1994;12(2):217-224.
- 2. Rockwell E, Jackson E, Vilke G, Jeste DV: A study of delusions in a large cohort of Alzheimer's disease patients. Am J Geriatric Psychiatry 1994;2(2):157-164.
- 3. Chan T, Vilke GM, Williams S: Bi-directional ventricular tachycardia in a patient with digoxin toxicity. J Emerg Med 1995;13(1):89.
- 4. Vilke GM: Misplaced intravascular catheters in a patient with acute renal failure. J Emerg Med 1995;13(3):379.
- 5. Vilke GM, Vilke TS, Rosen P: The completeness of MEDLINE for papers published in the *Journal of Emergency Medicine*. J Emerg Med 1995;13(4):457-460.
- 6. Bauman BH, Vilke G, Chan T: Dexamethasone use in croup. West J Med 1996;164(1):66.
- 7. Vilke GM, Hayden SR: Intraorbital air in a patient status post-facial trauma. J Emerg Med 1996;14(1):77.
- 8. Vilke GM, Jacoby I, Manoguerra AS, Clark R: Disaster preparedness of poison control centers. Clin Toxicol 1996;34(1):53-58.
- 9. Vilke GM: "No worries." J Emerg Med 1996;14(5):641-642.
- 10. Vilke GM, Honingford EA: Cervical spine epidural abscess in a patient with no predisposing risk factors. Ann Emerg Med 1996;27(6):777-780.
- 11. Vilke GM, Honingford EA: Diabetes and neck pain (Letter to the editor). Ann Emerg Med 1996;28(6):731.
- 12. Vilke GM, Wulfert EA: Case reports of two patients presenting with pneumothorax following acupuncture. J Emerg Med 1997;15(2):155-157.
- 13. Vilke GM: Chest pain in an elderly patient. J Emerg Med 1997;15(4):523.
- 14. Chan TC, Vilke GM, Neuman T, Clausen JL: Restraint position and positional asphyxia.

 Ann Emerg Med 1997;30(5):578-586.
- Moss ST, Chan TC, Buchanan J, Dunford JV, Vilke GM: Outcome study of prehospital patients signed out against medical advice by field paramedics. Ann Emerg Med 1998; 31(2):247-250.
- Chan TC, Vilke GM, Neuman T: Reexamination of custody restraint position and positional asphyxia. Am J Forensic Med Pathol 1998;19(3):201-205.
- 17. Howard JD, Reay DT [32(1):116-117] / Chan TC, Vilke GM, Neuman T, Clausen J: Positional asphyxia (Reply to letter to the editor). Ann Emerg Med 1998;32(1):117-118.

- 18. Vilke GM, Mahoney G, Chan TC: Postpartum coronary artery dissection. Ann Emerg Med 1998;32(2):260-262.
- 19. Rosa CM, Schwartz BL, Vilke GM: The prehospital electrocardiogram: Future standard of care? Top Emerg Med 1998;20(3):23-29.
- 20. Davis DP, Bramwell KJ, Vilke GM, Cardall TY, Yoshida E, Rosen P: Cricothyrotomy technique: Standard versus the rapid four-step technique. J Emerg Med 1999;17(1):17-21.
- 21. Davis DP, Stephen KAC, Vilke GM: Inaccuracy in endotracheal tube verification using a Toomey syringe. J Emerg Med 1999;17(1):35-38.
- 22. Friedman L, Vilke GM, Chan TC, Hayden SR, Guss DA, Krishel SJ, Rosen P: Emergency department airway management before and after an emergency medicine residency. J Emerg Med 1999;17(3):427-431.
- 23. Bramwell KJ, Davis DP, Cardall TY, Yoshida E, Vilke GM, Rosen P: Use of the Trousseau dilator in cricothyrotomy. J Emerg Med 1999;17(3):433-436.
- Cardall TY, Chan TC, Brady WJ, Perry JC, Vilke GM, Rosen P: Permanent cardiac pacemakers: Issues relevant to the emergency physician, Part I. J Emerg Med 1999;17(3): 479-489.
- Cardall TY, Brady WJ, Chan TC, Perry JC, Vilke GM, Rosen P: Permanent cardiac pacemakers: Issues relevant to the emergency physician, Part II. J Emerg Med 1999;17(4): 697-709.
- 26. Vilke GM, Buchanan J, Dunford JV, Chan TC: Are heroin overdose deaths related to patient release after prehospital treatment with naloxone? Prehosp Emerg Care 1999;3(3):183-186.
- 27. Roppolo LP, Vilke GM, Chan TC, Krishel S, Hayden SR, Rosen P: Nasotracheal intubation in the emergency department, revisited. J Emerg Med 1999;17(5):791-799.
- 28. Vilke GM: FOOSH injury with snuff box tenderness. J Emerg Med 1999;17(5):899-900.
- 29. Chan TC, Neuman T, Vilke GM, Clausen J, Clark RF: Metabolic acidosis in restraint-associated cardiac arrest (Letter to the editor). Acad Emerg Med 1999;6(10):1075-1076.
- Chan TC, Vilke GM, Bramwell KJ, Davis DP, Hamilton RS, Rosen P: Comparison of wire-guided cricothyrotomy versus standard surgical cricothyrotomy technique. J Emerg Med 1999;17(6):957-962.
- 31. Reay DT, Howard JD [20(3):300-301] / Chan TC, Vilke GM, Neuman T: Restraint position and positional asphyxia (Reply to letter to the editor). Am J Forensic Med Pathol 2000; 21(1):93.
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F-12

Appendix B

List of all cases in which testified as an expert in trial or deposition within the preceding four years

May 12, 2000 - Deposition

Jesse Molina, as a personal representative of Frankie Sierra, deceased, and on behalf of the Estate of Frankie Sierra, and Rebecca Molina, as mother and next friend of Ramon Sierra, a minor v. The Town of Silver City, New Mexico et al. U.S. District Court, District of New Mexico Silver City, New Mexico City, New Mexico Case # 98-1108 LH/JHG

September 26, 2000 - Deposition

Craig Bickford, individually and as next friend for Danielle Bickford v. William Parks, M.D., and CH Allied Services, Inc. d/b/a Boone Hospital Center, and Emergency Physicians of Mid-Missouri, P.C. Boone County Circuit Court Columbia, Missouri Case # 99CV164176

April 5, 2001 - Deposition

Bonnie Keeney, Administratrix of the Estate of Edward J. Nolan v. City of New London, et al. United States District Court for the District of Connecticut Hartford, Connecticut
Civil Action # 399CV2096 JCH

July 30, 2001 - Trial

Marcellina R. Stenson v. City of Knoxville, Tennessee, et al. United States District Court Knoxville, Tennessee Case # 3:98-CV-142

September 23, 2002 - Trial

Bonnie Keeney, Administratrix of the Estate of Edward J. Nolan v. City of New London, et al. United States District Court for the District of Connecticut Hartford, Connecticut
Civil Action # 399CV2096 JCH

December 12, 2002 - Deposition

Estate of Steven Richardson et al v. Jeffrey Sabine, M.D. et al. Oklahoma City, Oklahoma Case # 9989-003

Appendix C

Additional information considered by me in the preparation of this opinion

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